



TOOL 12.3: Template for Physician's Letter to the Child/ Adolescent's School

Name

Date:

School

Address

Re: Concussed student name

DOB:

Dear _____,

_____ (Student's name) was diagnosed with a concussion on _____ (Date), and has now been medically cleared to return-to-school.

Current best practice guidelines on concussion management emphasize the importance of recovery and return to function, and encourages students to return-to-school as soon as possible, with accommodations, even though they may still be symptomatic.

Please identify a "point person" within the school environment (example: guidance counsellor, homeroom teacher, vice principal) who can help the student implement a return-to-school plan, communicate it to teachers/school staff involved in the student's activities, and modify it as needed. The attached document outlines accommodations that may be helpful while your student is reintegrating back into the school environment.

Feel free to contact me with additional questions.

Sincerely,