### Medical follow-up and referral to healthcare professionals/interdisciplinary concussion team

(1-4 weeks following acute injury)

- Focused headache history, physical examination, determine need for imaging
- Post-injury education and guidance on use of over the counter analgesics
- Headache and medication diary
- Refer to healthcare professionals/interdisciplinary concussion clinic if symptoms last longer than 4 weeks post-concussion (or sooner as needed/using clinical judgment), or if the child has modifiers that may delay recovery
- Consider trial of conservative management or prophylactic or abortive headache medication

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#### Healthcare professionals/interdisciplinary concussion team

- Medical assessment by physician with expertise in concussion
- Adjunctive testing (graded aerobic exercise testing)
- Interdisciplinary management of post-concussion headache subtypes

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**Migraine, tension, cluster headache, other**

- Neurologist

**Headaches with prolonged visual stimulation**

- Neurologist, Physiotherapist, Neurooptometrist

**Physiological or exercise-induced headache**

- Physiotherapist, Athletic Therapist

**Cervicogenic headaches**

- Neurologist, Physiotherapist, Chiropractor

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**Consider early referral (< 4 weeks) if child/adolescent has modifiers that may delay recovery/high risk of prolonged post-concussion symptoms**